

September 2019

Suffolk Christian Academy Lunch Menu

Pre K - \$3.00 K-5th - \$4.50 Upper - \$5.00
(Special order out days- Prices may vary)
Elementary Students -Milk will be served with every meal & snack unless otherwise noted as juice. **Milk only - .45**
 The first snack listed is served to Pre-K Classes only.
The second snack listed is served in Extended Care.
 Upper School Only- Other than Wednesday you may order Fries- **\$2.00**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
NO SCHOOL	Corndog stick, Mac & Cheese Succotash and Fruit <i>Cheese & Crackers</i> Cheez itz	Chick-Fil-A * <i>Popcorn</i> Chex Mix	Chicken Sandwich, Fries Green Beans and Fruit <i>Pretzels</i> Pears & Crackers	School Pizza Corn and Fruit <i>Yogurt & Juice</i> Nutri Grain Bar
9	10	11	12	13
Cheeseburger, Fries Corn and Fruit <i>Goldfish</i> Yogurt with Juice	Spaghetti, Salad,, Bread & Fruit <i>Muffins</i> Applesauce & Crackers	Papa John's Pizza (Cheese only Pre -K – 4 th) <i>Bagels & Cream Cheese</i> Grapes & Animal Crackers	Hamburger Steak, Peas Mashed potatoes & Fruit <i>Fruit Cup</i> Pretzels	Grilled Cheese, Fruit Sweet Potato Fries, Broccoli <i>Nutra Grain Bar</i> Fruit Snacks
16	17	18	19	20
Chicken Alfredo, Broccoli, Roll and Fruit <i>Applesauce & Crackers</i> Muffins	Hot dog Baked beans, Corn Fritters and Fruit <i>Chex Mix</i> Goldfish	Firehouse Subs Ham (Pre-K – 4 th) <i>Cheez itz</i> Fruit Cup	Chicken Nuggets Fries, Green Beans Fruit <i>Pears & crackers</i> Popcorn	BBQ Sandwich Cole Slaw, Baked Beans Fruit <i>Fruit Snacks</i> Cheese & Crackers
23	24	25	26	27
Corndog Nuggets Mac & Cheese Succotash and Fruit <i>Cheese & Crackers</i> Cheez itz	Cheeseburger Fries, Corn and Fruit <i>Popcorn</i> Chex Mix	Chick – Fil –A * <i>Pretzels</i> Nutri Grain Bars	Sloppy Joe, Tots, Mixed Vegetables Fruit <i>Goldfish</i> Muffins	French Toast Sticks, Sausage, Hash Browns Baked Apples <i>Muffins</i> Fruit Snacks
30				
Chicken Sandwich, Fries Green Beans & Fruit <i>Nutri Grain Bar</i> Goldfish	Chick-Fil-A Day Pre K – 4th grade Nuggets Only \$5.50	5th – 12th Grade Nuggets or Sandwich \$5.50	6th – 12th Grade 12 pc. Nugget \$6.50 Cobb Salad \$8.50	September 25th Menu may change See newsletter

